



Year 9 Food Technology Terms 1 and 2, 2011

Food in Australia

What better way to introduce this topic than in the place where it all began!

The Royal Botanic Gardens Sydney is the site of the First Farm in Australia. Visit Cadi Jam Ora: First Encounters Garden to see some of the same species that were collected by the First Fleet en route from England.

Step even further back in time and, with the help of one of our Aboriginal education officers, discover traditional bush foods and plants used by local Aboriginal people.

This will help develop your understanding of the history of Australian cuisine.

How have these foods influenced our modern diet?

Students will be shown examples of how easy it is to modify recipes to include traditional ingredients and bush foods.

The experience will conclude with a food tasting and an appreciation of the eclectic nature of Australian cuisine.

For enquiries and bookings contact Leanne Hilton on **9231 8134** or visit **www.rbgsyd.nsw.gov.au**.