



MY GARDEN

By Jan Crocker

Its only in my garden that I begin to see all Mother Nature has in store for me.

With my hands in the soil my mind is clear,
no fear or worry to interfere.

Peace is what my garden brings,
joy and happiness, and all good things.

And as I gaze at the produce I've chosen,
Vegetables and herbs all in season.

I'm content in the knowledge that the food I sow
has improved my health and helped me grow.